

The Spirit of A.A.

A.A. is a spirit. It cannot be touched, nor can it be completely understood.

It is as wide as the world, yet small enough to fit snugly into the hearts and minds of man.

It has brought light where only darkness dwelt. It has given hope to the hope less and help to those who yearned in despair.

It has nourished forgiveness to those who know pity.

It has given strength to the weak and humility to the strong.

It has spurred to higher goals those who strove for nothing.

It has taught patience to the hurried and action to the lazy.

To youth it has given - vision.

To the aged - promise.

To the lonely - companions.

To the restless - rest.

To the sick it has been a doctor.

To the dying, it has revived the desire to live.

It has no judgment to the un-teachable nor has it praise for those who learn.

To the outcast it has been a family.

To the childless it has given children.

To the ignorant - wisdom.

To the wise - tolerance.

It has given to all man that which is most precious - it has given a love of life and a love of truth with enough left over to share with each other.

(Quoted from a Twelve Steps Workshop presented by Willie B. of Spring, TX 1994)